

The BEE Newsletter

News from Honeybuns Bakery

Number 5 - Spring 2006



Taking Honey and Peg out for a leg stretch before elevenes

Healthier options Spring is in sight!

Dairy Free Our new Mooosh Bar

Did you know that we now have two dairy and gluten free cakes in our range? They are the Amondi Cookies which are made from almond paste and orange zest plus our new Mooosh Bars which are less sweet than our usual products. Our cakes are still indulgent treats but we are taking on board our customers' interests in healthier options. We are currently working on a brand new carrot cake made with olive oil, palm sugar and lots of fresh carrots.



A morning's mucking out followed by a slice of something lovely

Carrot Cake

Our new carrot cake will be launched for Easter. It is dairy free and gluten free. We use olive oil rather than butter. Cracked black pepper is used subtly instead of salt. For sweetness we have added palm sap and pineapple pieces rather than refined white sugar. We have created a gorgeous alternative to the usual icing: toasted nuts with a dash of balsamic vinegar. A perfect nibble after morning stable duty.

CUSTOMER FEEDBACK

We are always chuffed to bits to receive nice feedback - here are just a couple:

Just to say I discovered your polenta chocolate bar today at Beatties cafe. Wow! It said on the back of the wrapper to let you know how you're doing - fabulously, I'd say!

Delicious gluten free products are really not so easy to find.

Imagine therefore, my delight when I was lucky enough to 'discover'

one of your Almond Moon bars in Scoffers Coffee Shop, Newbury.

Scrumptious!

I haven't eaten anything like it for years!

Healthier Options

We have listened to our customers' requests for healthier options. Whilst our cakes will always be treats, we are tweaking some recipes to reduce things like salt and sugar. We believe a little of what you fancy puts a spring in your step.



Baking Courses

The details of our baking courses are now on our website, or please phone us on 01963 23597. We may be able to tailor courses for special requirements, for example as part of a staff training programme for a company. Please contact us for more details.



Other Good Things besides cake



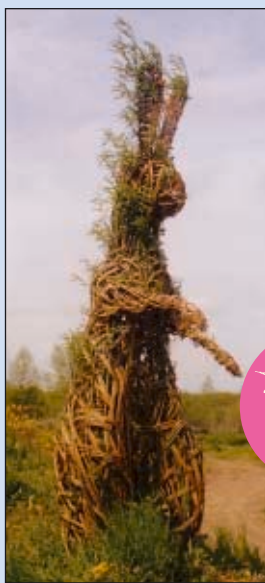
Diesel, one of Honeybuns' rescue dogs, sunbathing after a day spent swimming at Lulworth Cove

We are taking care to implement as many environmentally considerate measures as we can in 2006 and beyond. We started the New Year with a solar powered security light. We have also set aside a strip of land grazed by our goats, Margot and Hilary, to create a Goldfinch Sanctuary. These lovely little birds are becoming increasingly rare as the thistle heads they feed on are disappearing. We will be encouraging the birds back by allowing the thistle to spread and by installing nesting boxes ready for the Spring.



Dorset Art weeks

We are proud to be sponsoring Kim Creswell's mythical and magical exhibition as part of this year's Dorset Art Weeks: Sat. May 27th - Sun. June 11th. Kim will be using the Bee Shack as her artist's workspace and the exhibition will be held there. The Bee Shack will be open each day of the exhibition. Visitors are welcome to admire her awesome sculptures and enjoy tea and cake at the same time. More details are available at



www.honeybuns.co.uk/beeshack



Our mini Festival is now on Saturday 1st July, 11am - 11 pm. Musically we have: authentic Ska-reggae, Jazz and groovesome covers from the 60s -90s. Plus gorgeous food, stalls and ale. All proceeds go to the Holwell Church restoration fund.

Please note: the date for the Bee Hop is a week later than that given in the last newsletter

The Bee Shack

This Bee Shack was full to bursting in December.

The next opening times are:

Friday 3rd March and
Friday 7th April **2-5pm**

Open during Dorset Art Weeks.
27th May to 11th June



FORTHCOMING EVENTS 2006

7-8 March: Hotel and Catering Exhibition, Bournemouth International Centre

27 May-11 June: Dorset Art Weeks The Bee Shack

1 July: The Bee Hop Naish Farm

6 August: Sturminster Newton Half Marathon Sturminster Newton

16 August: Gillingham and Shaftesbury Show

26 August: The Oak Fair, Stock Gaylard, Sturminster Newton

2-3 September: Dorchester Show

9-10 September: Sturminster Cheese Festival, Sturminster Newton

30 September - 1 October: Great British Cheese Festival, Cheltenham

And the Bee Shack is open as usual on the first Friday of each month between 2pm and 5pm.